



**Patrick Dunn** is a leader in the area of cardiovascular prevention, education, and evaluation. He has worked extensively with both the American Heart Association and the American Diabetes Association on both the national and local levels. His work with the American Heart Association includes: (1) the development of a Center of Excellence for Health Technology and Innovation (2) the development of science based care plans using health technology; (3) management of a community based high blood pressure initiative; (4) a lead role in the establishment of the High Blood Pressure Leadership Community, a multi-sector forum of thought leaders focused on high blood

pressure. Additionally, he recently earned a Ph.D. in Public Health, with a concentration in Community Health Education. His research is in health literacy instructional strategies, and has developed a model for developing health literacy skills based on qualitative, quantitative and mixed methods research.

Patrick has a unique blend of knowledge and experience in healthcare, business development and quality/performance excellence. As a Lean Six Sigma Blackbelt, Pat has been involved in multiple quality improvement, performance excellence, grants and research projects that have led to improved clinical outcomes for patients, better outcome measures for healthcare providers and reduced costs to the healthcare system. He has direct experience in hospital, physician practice, as well as start-up companies, for profit, nonprofit settings. He has served in a variety of roles, including management, direct patient care and consulting. He has led 3 successful Texas Award for Performance Excellence applications.

Pat started his career in the area of Cardiac Rehabilitation, Disease Prevention (heart disease, diabetes and obesity) and corporate wellness as an exercise physiologist and health educator. In addition to his PhD, he holds an MBA from Indiana University and an MS (Exercise Physiology) from Purdue University. He is based in Dallas, Texas.

Some key accomplishments include :

- Development of the American Heart Association Center for Health Technology and Innovation
- Development of the Health Literacy Instructional Model;
- Blackbelt in Lean Six Sigma, 2010;
- over 40 publications and major presentations related to chronic disease and wellness;
- authored two book chapters, presentation at national meetings, and editor of an American College of Sports Medicine newsletter;
- Texas Award for Performance Excellence Examiner (2008 – present)
- Community Leadership Board, American Diabetes Association, Dallas Affiliate, 2008-2012; Chairman in 2010;
- Healthcare Innovator Award, Dallas Business Journal, September, 2007;
- Beginning Investigator Award, American Association of Cardiovascular and Pulmonary Rehabilitation, 2004; also a member of the Research Committee, 2005-2008;
- American College of Sports Medicine Exercise Specialist, 1988